

EARTH SAVERS

ESSENTIAL OIL Aromatherapy is the use of pure essential oils from fragrant plants to help relieve health problems and improve your quality of life in general. True therapeutic aromatherapy can only occur with genuine plant materials, rather than synthetics and ones derived from petrochemicals. At Earthsavers, we sell only 100% pure essential oils that provide the ultimate aromatherapeutic and healing benefits.

* Side Effects in Pregnancy (Do not use in aromatherapy diffuser or apply to skin).

** Toxic to pregnant women in the first trimester. Considered safe thereafter.

BERGAMOT Refreshing + Energizing

FOR THE BODY relieves poor appetite, fever, herpes, urinary infections, acne, eczema, psoriasis, gall stones, halitosis, bronchitis

FOR THE MIND relieves depression and anxiety (Note: photosensitive. do not apply before exposure to sun, as burning and discoloration of the skin may occur).

BIRCH Fresh + Energizing

FOR THE BODY analgesic, anti-inflammatory, astringent; detoxifies, drains accumulation of fluids and toxins; relieves itching, pain, arthritis, urinary infections

FOR THE MIND stimulates and energizes

CHAMOMILE Calming + Soothing

FOR THE BODY relieves burns, colic, coughs, poor circulation, insomnia, inflamed joints, infections, menopausal symptoms, migraines, diarrhea, fevers, headaches, vertigo, anemia, earaches

FOR THE MIND relieves anxiety, irritability and promotes meditative states

CINNAMON Spicy + Warming

FOR THE BODY relieves constipation, lice, low blood pressure, arthritis

FOR THE MIND relieves stress and exhaustion

CLARY SAGE* Uplifting

FOR THE BODY relieves abdominal pain, other aches & pains, night sweats, digestive problems, exhaustion, muscle tension, convulsions, acne, sore throats

FOR THE MIND relieves anxiety, depression, PMS, low libido, hysteria

EUCALYPTUS* Stimulating + Cleansing

FOR THE BODY relieves congestion and other respiratory illnesses, aches & pains, arthritis/rheumatism, bacterial & viral infections, bronchitis, cuts & wounds, fever, herpes, asthma, cough, burns, gall stones, diabetes, skin ulcers, measles, wounds, repelling insects, shingles, fluid retention

FOR THE MIND balances energy within the body

FRANKINCENSE* Purifying

FOR THE BODY relieves bronchitis, coughs, laryngitis, skin wounds and inflammations, ulcers, sinusitis and colds.

FOR THE MIND aids in focus and concentration

GERANIUM* Calming + Balancing

FOR THE BODY relieves burns, jaundice, ringworm, sterility, shingles, skin wounds, kidney stones, diabetes, diarrhea; good insect repellent

FOR THE MIND relieves nervous tension, depression and anxiety

GINGER Warm + Spicy

FOR THE BODY relieves aching muscles, arthritis, nausea, poor circulation

FOR THE MIND relieves nervous exhaustion, sexual anxieties, confusion, loneliness

GRAPEFRUIT* Refreshing + Uplifting

FOR THE BODY relieves digestion problems, cellulite, migraines, lymphatic drainage, obesity and water retention.

FOR THE MIND relieves depression and stress; sharpens senses; improves mental clarity and awareness

JUNIPER Earthy + Purifying

FOR THE BODY relieves cellulitis, gout, hemorrhoids, obesity, inflammation, purifies the body, eliminates excess fluids

FOR THE MIND improves mental clarity and memory

LAVENDER Calming + Healing

FOR THE BODY strong disinfectant, antiviral, antibacterial, antiseptic, fungicidal, and anti-inflammatory; relieves muscular aches and pains, bruises, cuts, wounds, burns, scars, sores; promotes new skin cell growth

FOR THE MIND relieves nervous anxiety, insomnia, melancholy, fear, and stress

LEMON Uplifting + Cleansing

FOR THE BODY strong antiseptic, lymphatic stimulant, antiviral; invigorates the immune system; relieves obesity, water retention, cellulite, headaches, neuralgia

FOR THE MIND relieves anxiety and depression and improves mental clarity

LEMONGRASS Uplifting

FOR THE BODY strong astringent, relieves inflammation, opens pores and breathing passages, deodorizer, disinfectant, insect repellent, digestive stimulant

FOR THE MIND balances nervous system and relieves stress